Ps. 109:21-22, "But You, Sovereign LORD, help me for Your name's sake; out of the goodness of Your love, deliver me. For I am poor and needy, and my heart is wounded within me." (NIV)

David is calling out to the only One Who can help him. He knows that it won't be the army of Israel that comes to his aid. It is the LORD God Almighty that he looks to for his strength and his comfort.

When David was wounded in his heart, he always knew where to turn. The LORD was his shepherd Who would lead him beside quiet waters and into green pastures. The LORD was his rock and his salvation. The LORD was an ever present help in times of trouble. The LORD was the calm in the midst of a storm.

Have you realized that everything you will ever need is found in the Father? Run to Him. Cast yourself into His open arms. He is mighty to save you. He loves you. He will watch over you. He will give you comfort and strength. He will rescue you from the evil attacks that come against you. He will never leave you nor forsake you. He will forever be your Heavenly Father. He will bring peace in the times of trial. Jer. 33:3 'Call to Me and I will answer you and tell you great and unsearchable things you do not know.' (NIV)

Dear LORD, come to our rescue. You are our strong tower, our fortress, our rock on which we can stand. You are Sovereign LORD watching over Your children. Your love is better than life. We praise You LORD. In Jesus Name, Amen.